



HAWAII'S FARM TO TABLE

Adventures in Farming, Growing and More





Bayer is excited to share our Hawaii's Farm to Table activity book. Join farmer Sam and friends – Kona the worm and Leilani the bee – on their adventures to learn more about where our food comes from.

For more information, visit hawaii.bayer.us or [@bayerhawaii](https://twitter.com/bayerhawaii)



HAWAII'S FARM TO TABLE

Adventures in Farming, Growing and More

ILLUSTRATED BY ILEANA SOON + LORI NISHIKAWA

This book is chock-full of hands-on activities both big and small.
To make the most of the activities in this book, here are some things you'll need.



Pencil



Crayons or
Coloring Pens



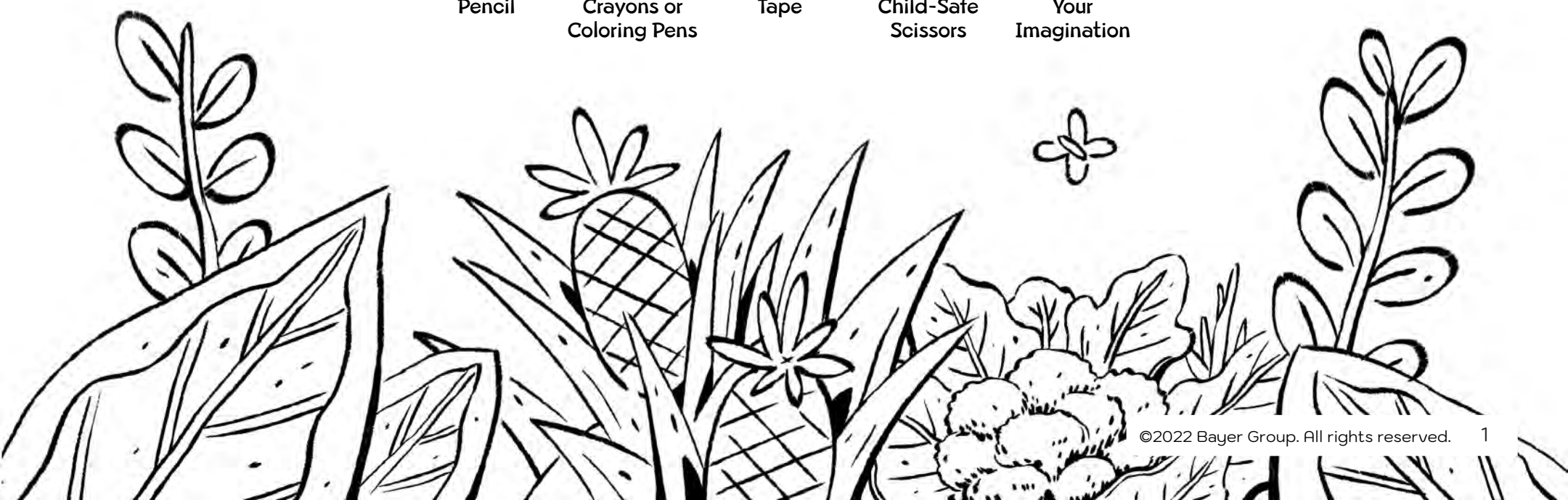
Tape



Child-Safe
Scissors



Your
Imagination





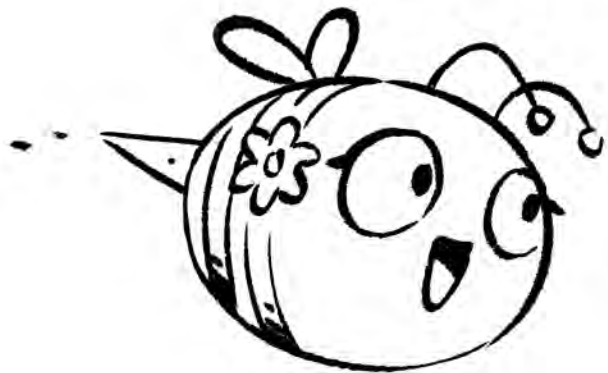
Silly Kona!
Do you even know where pizza comes from? Let's visit Sam the farmer. Sam knows a lot about growing food.

Use your pens, crayons and imagination to bring Sam's farm and friends to life.

Aloha! I'm Sam.

I grow many things on my farm that are good to eat. Come and see.



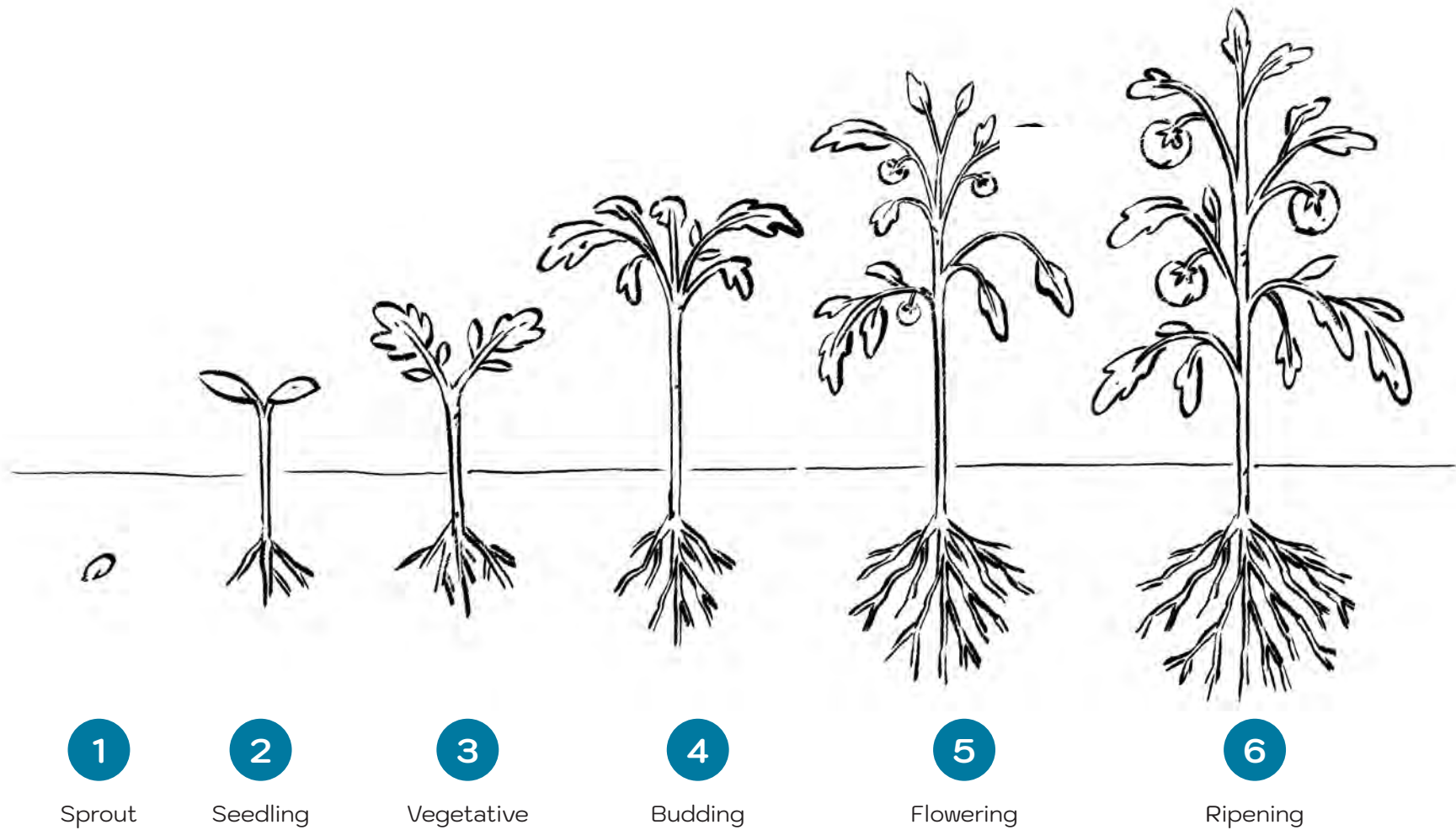


I see tomatoes – yum! How do they grow?

It all starts with a seed. At the beginning of a plant's life, we plant a seed and take care of it until it's big enough to eat.

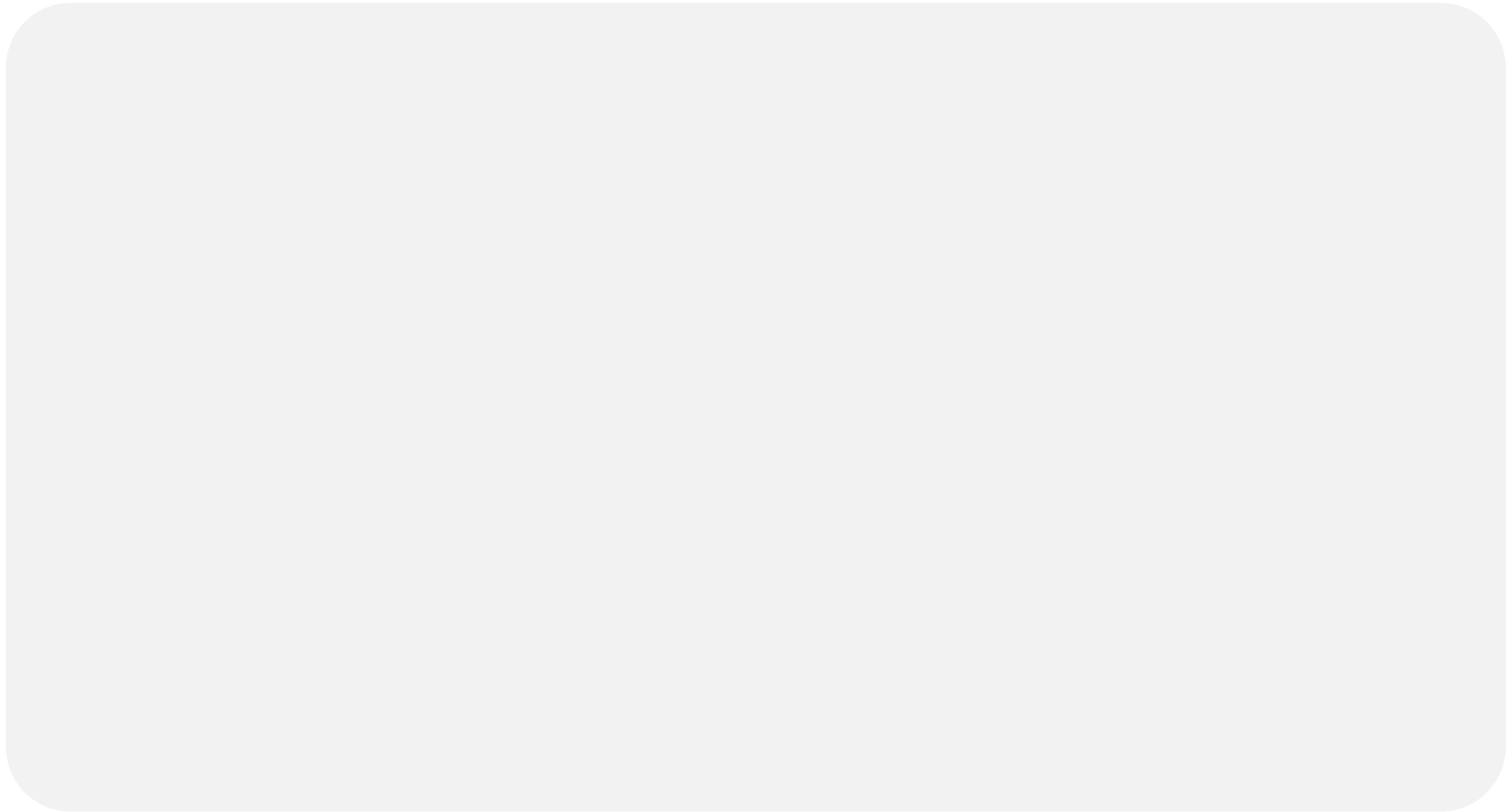


HOW A TOMATO GROWS



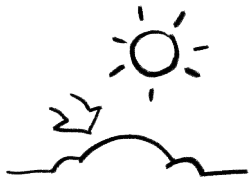
IT'S PLANTING DAY

There are many kinds of plants in our world. Look around outside.
What plants do you see? Draw a picture of a plant here.



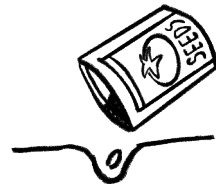
LET'S PLANT A SEED

For this activity, ask an adult for help. You can buy seeds from the store, use dried beans from your kitchen, or even find seeds in your garden.



1

Find a plot of dirt for your seed.



2

Make a small hole with your finger and put the seed inside.



3

Cover up the seed with soil and water it.



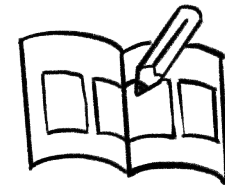
4

Watch your plant and make sure to water it every day.



5

Bonus: Label a wooden craft stick with your name and place it near your planted seed.



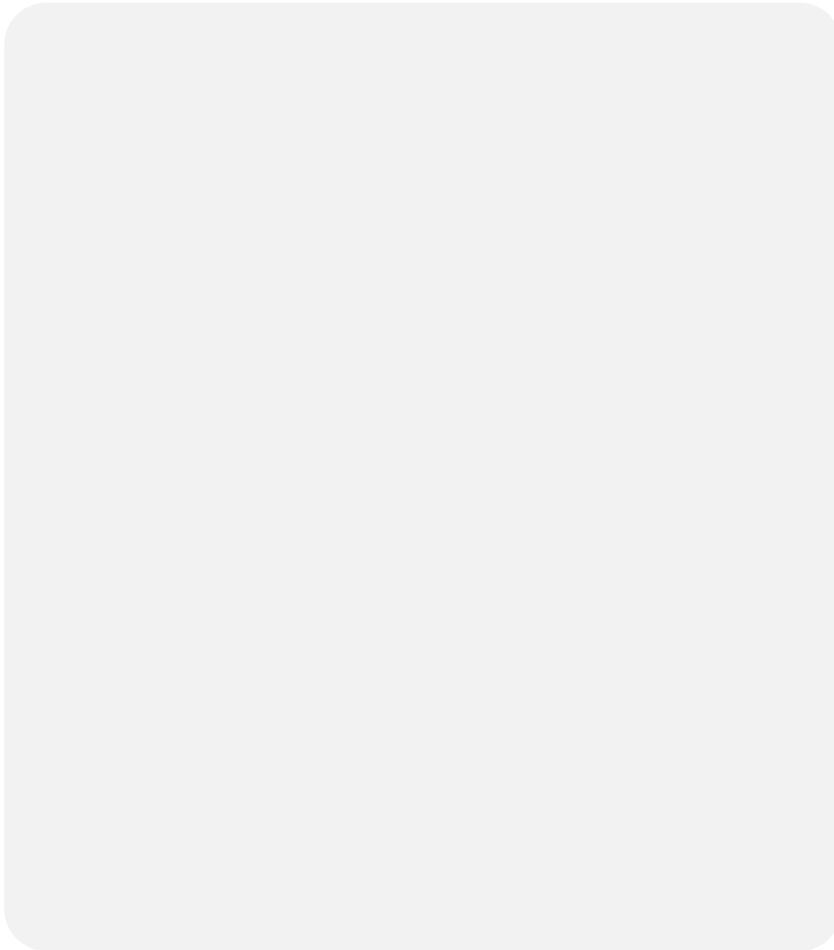
6

Fill out your Plant Journal on the next two pages.

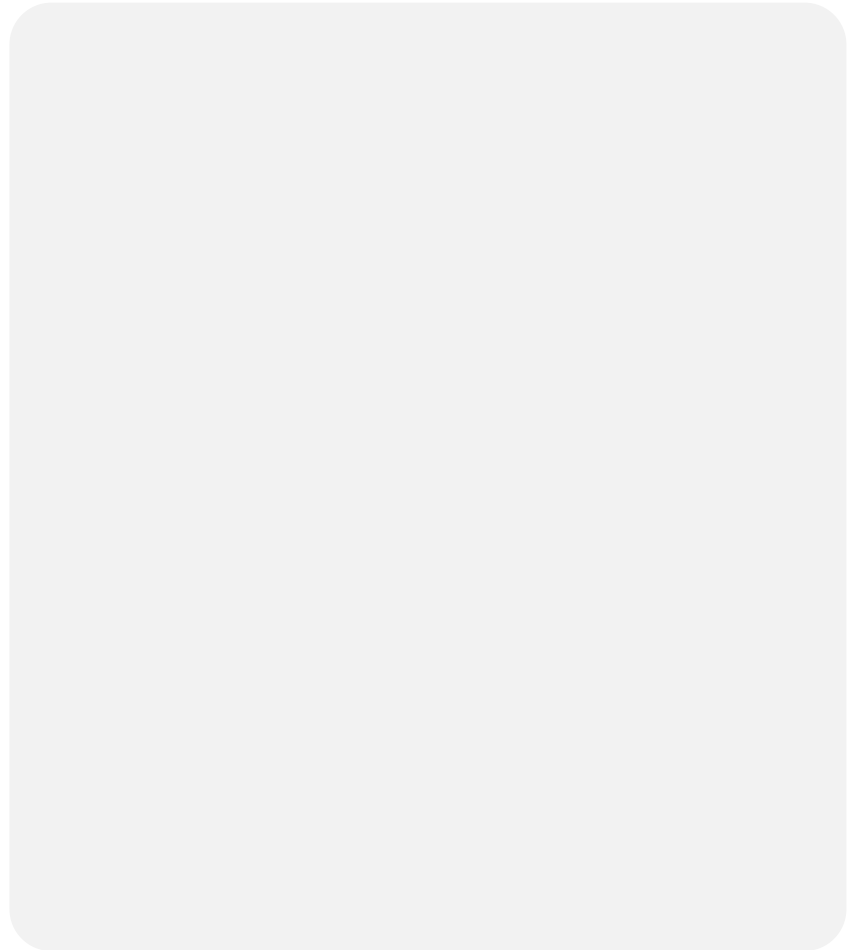
MY PLANT JOURNAL

Write and draw what you notice about your plant.

1 Day 1

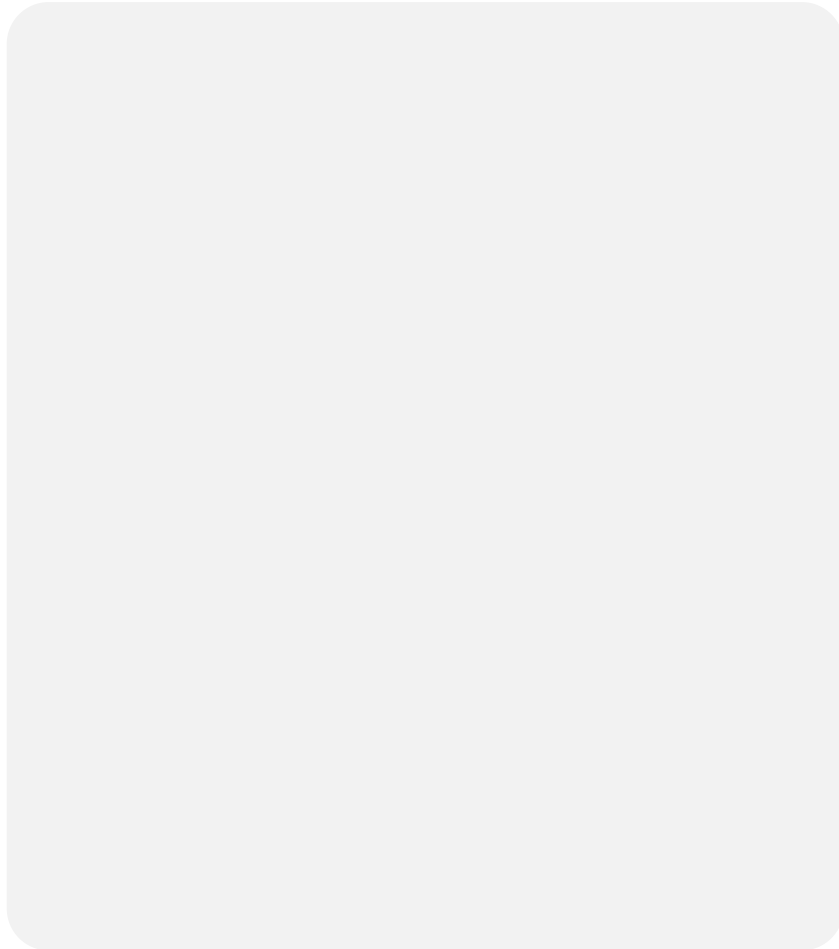


2 Day 5-10



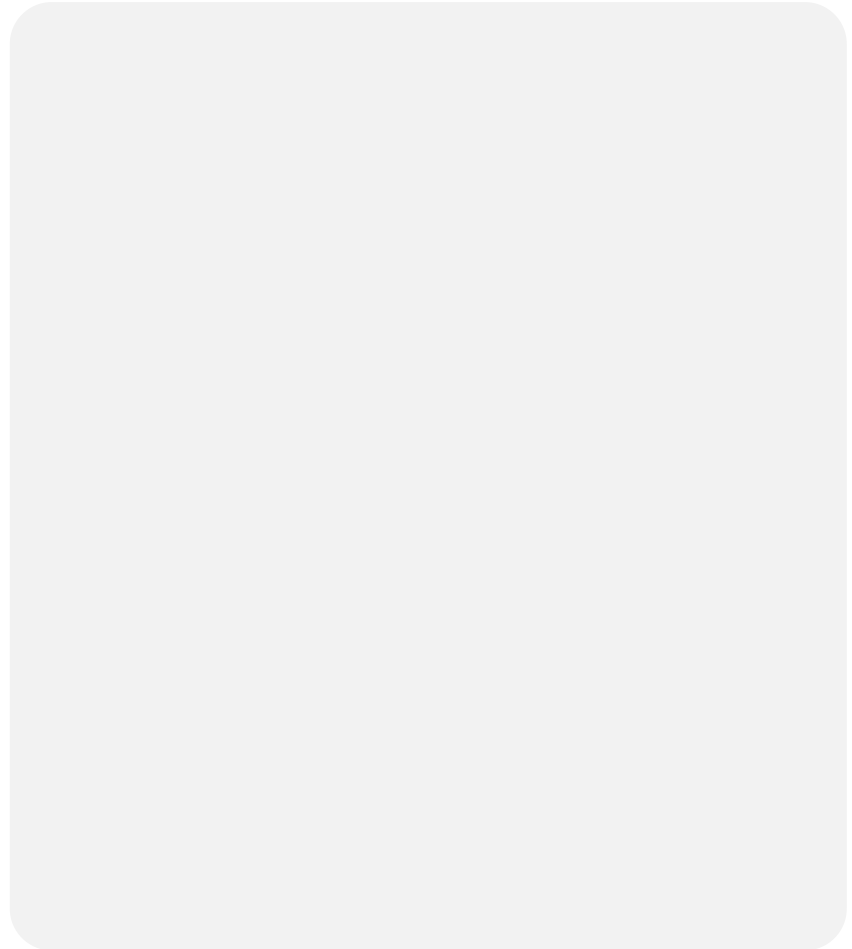
3


Day 11-15



4

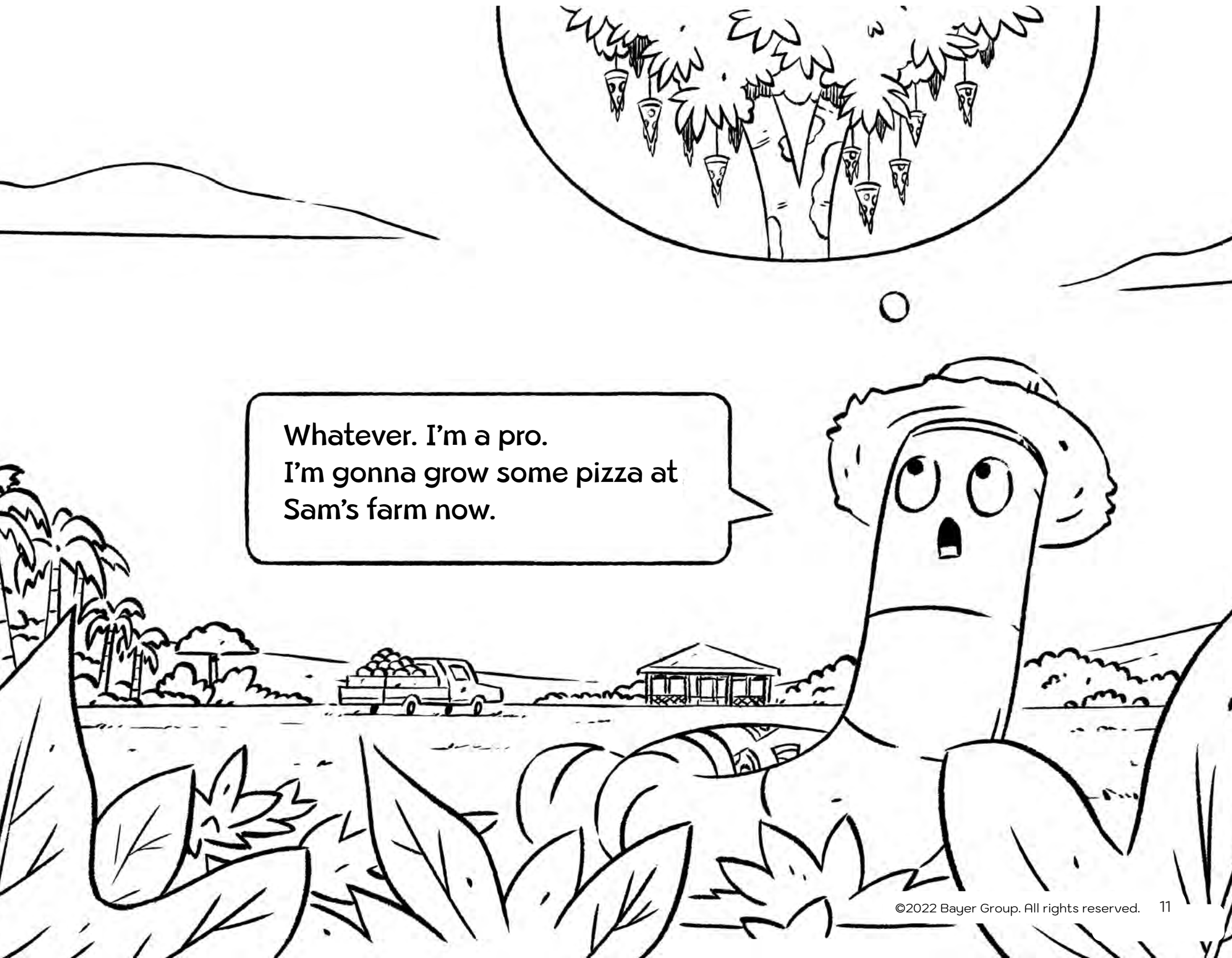
Day 16-30





I'm not so sure about that.
Farming can be really tough.

Farming is so easy!

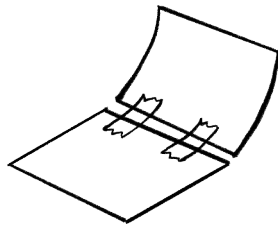


Whatever. I'm a pro.
I'm gonna grow some pizza at
Sam's farm now.

Do you really think pizza grows on trees, Kona?
Come to my farm and help me with the harvest.



THE HAWAII FARM GAME



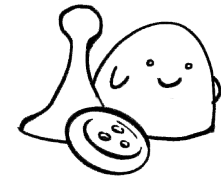
1

Prepare the game board with help from an adult. Copy or cut pages 14 and 15 from this book. Tape the pages together.



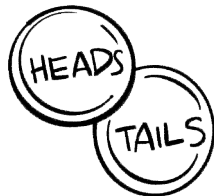
2

Invite friends to play with you.



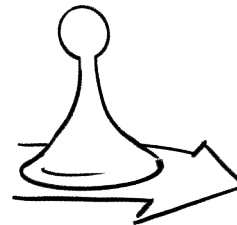
3

Choose a game piece for each player (a toy, button or piece of paper). Then place the game pieces on "Start".



4

Each player takes a turn flipping a coin. If "heads," move forward 1 space. If "tails," move forward 2 spaces.



5

If you land on a space with a message, follow the instructions.

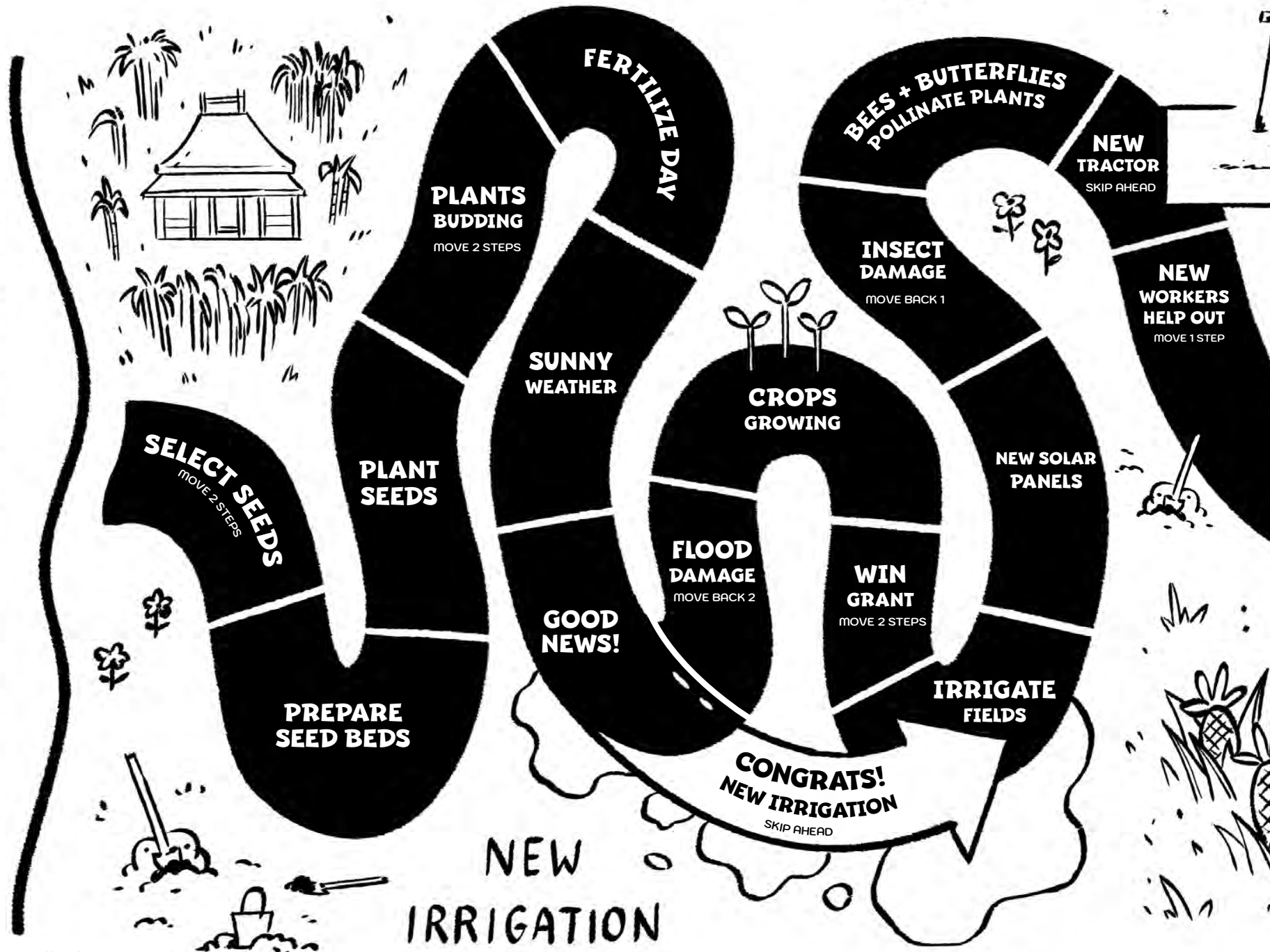
HAVE
FUN

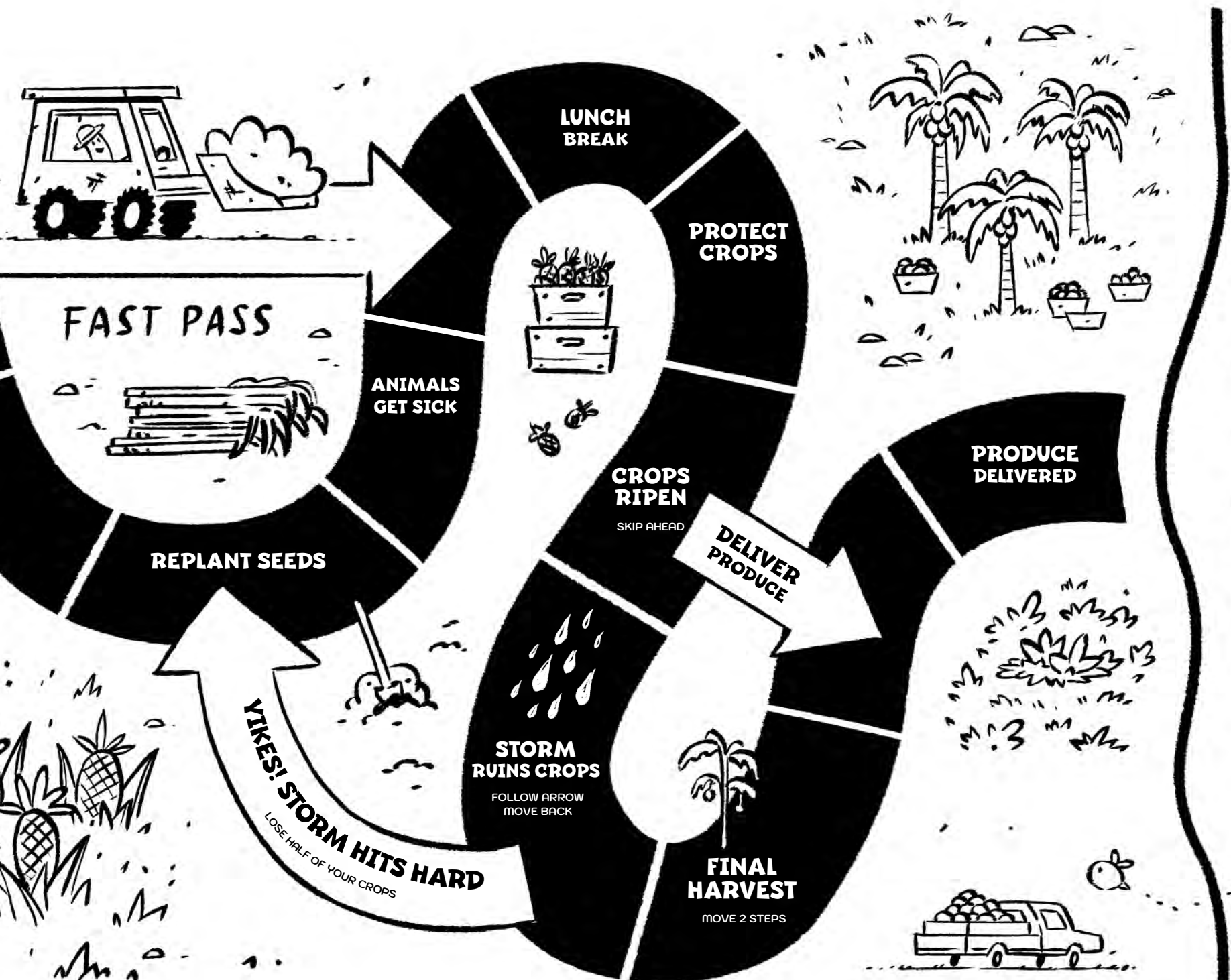
6

First player to reach the finish line wins! Have fun!

THE HAWAII FARM GAME

START





FINISH

DREAM BIG

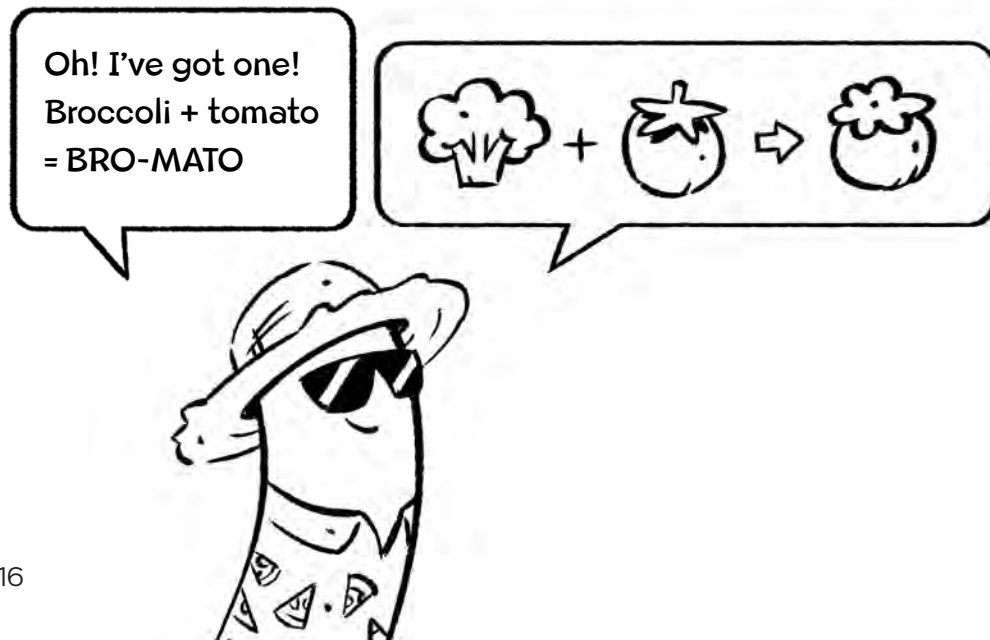
For thousands of years, people have modified foods to create new varieties that are better in some way. For example, they may be bigger, stronger, more colorful or tastier.

- 1 Imagine your ideal fruit or vegetable. Something entirely new and delicious.

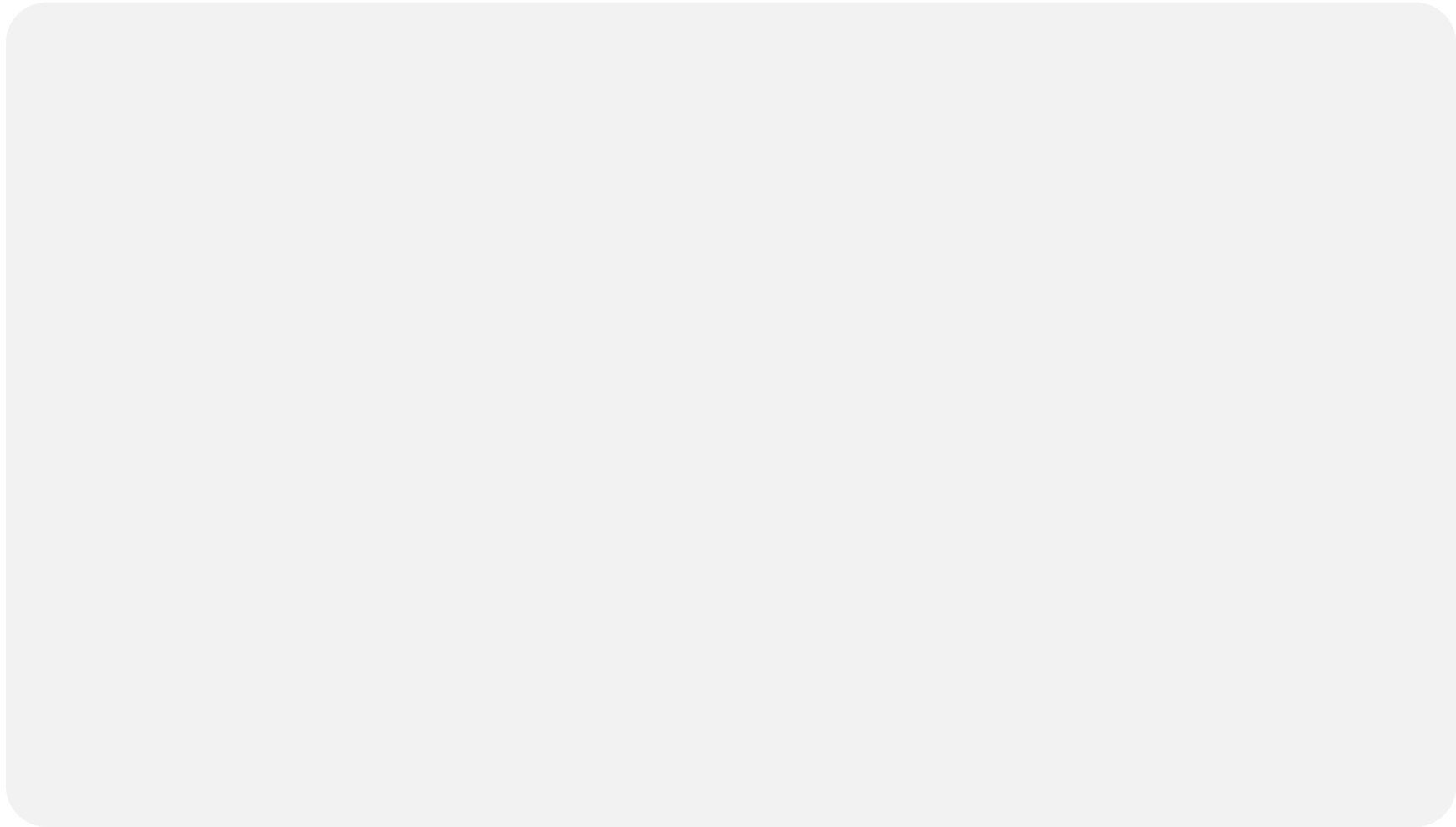
What would it look like?

What would it feel like?

What would it smell or taste like?



2 Draw your creation. Bonus if you give it a name.



DESIGN YOUR FARM

If you had a farm, what would it look like? Be creative!
Here are some ideas to get you started.

C'mon!

Let's go grow some
food already.



1

Name your farm

Vegetable fields

Fruit trees/orchard

Herb garden

Chicken coop

Farm animals

Pasture lands

Tractor

Barn

House

2

Draw and create your own farm

Greenhouse

Windmill

Bee farm

Fences

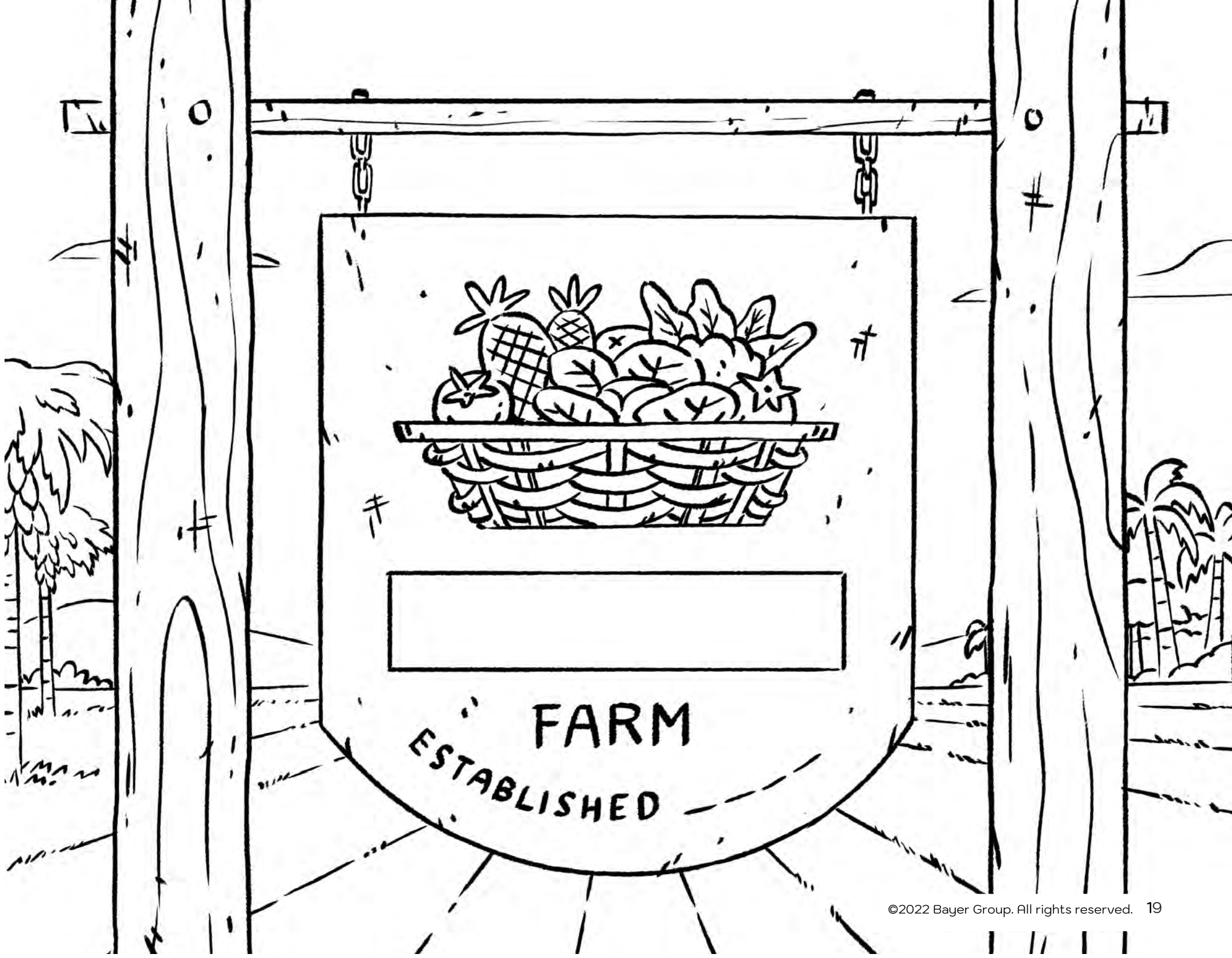
Solar panels

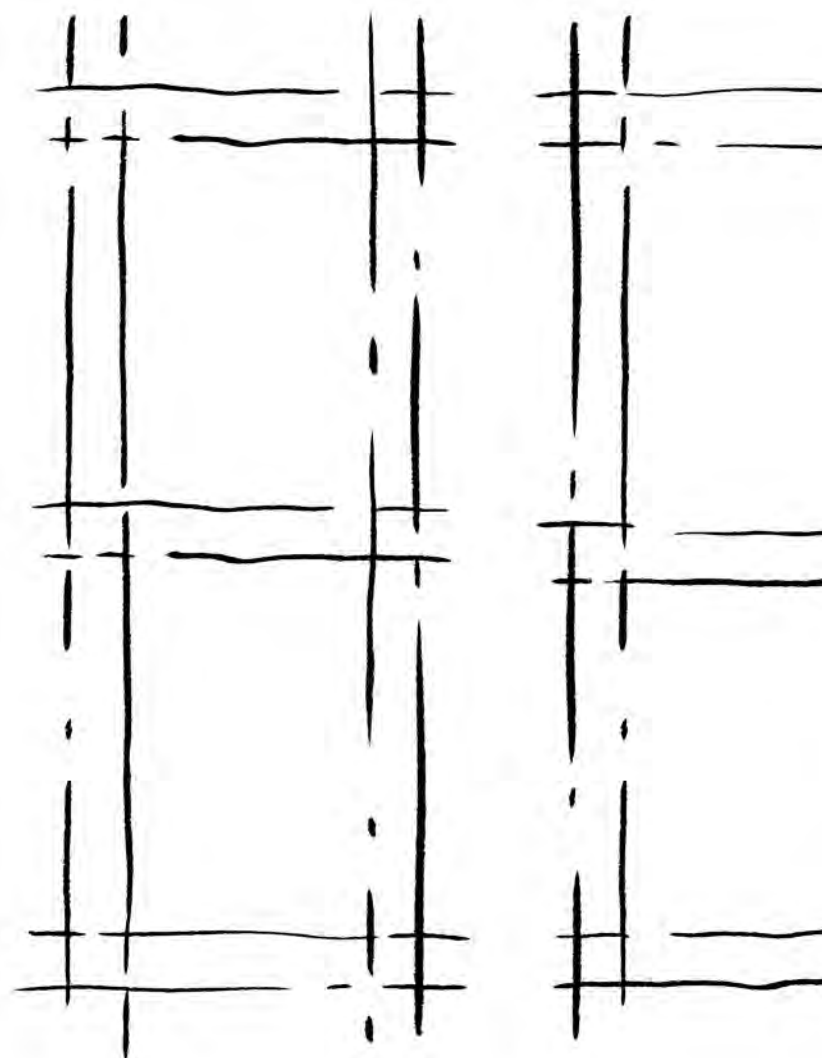
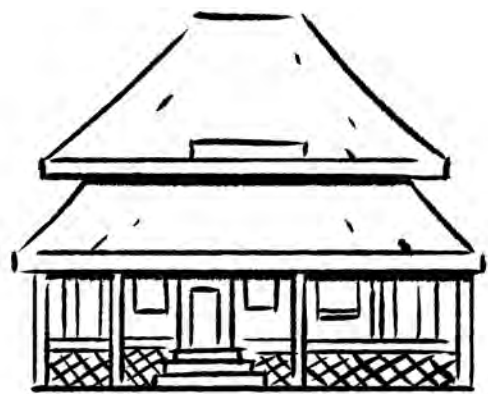
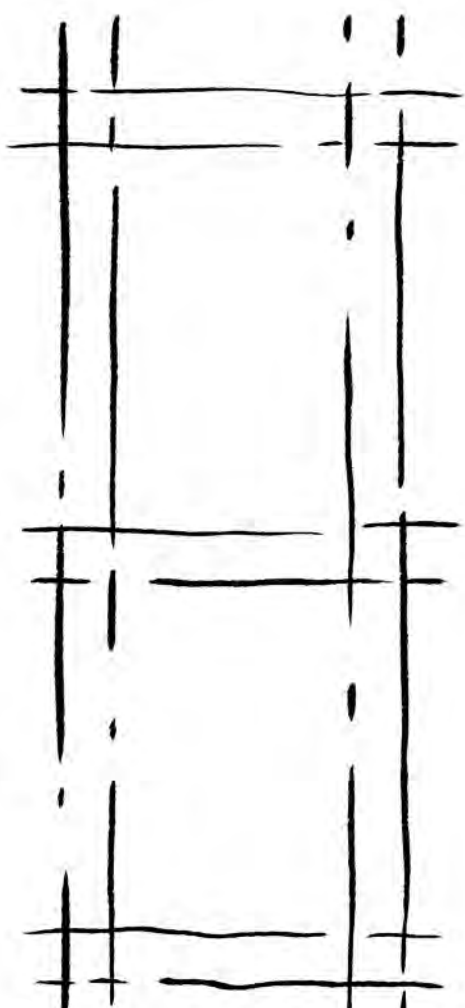
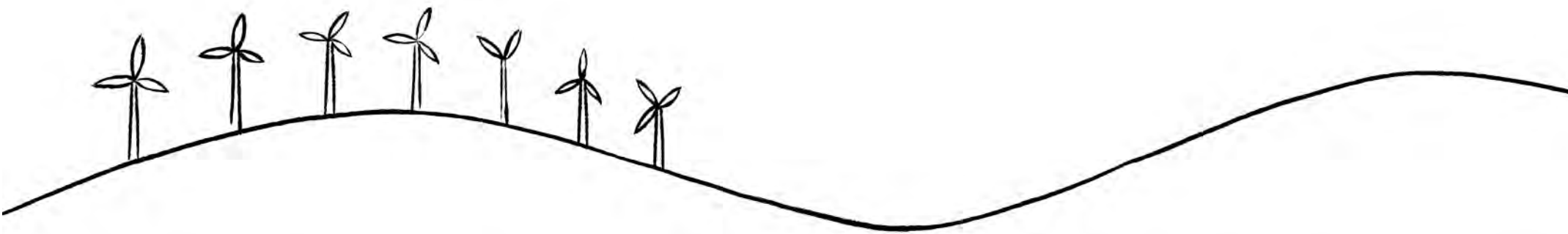
Hydroponics

Farm office

Corn or wheat fields

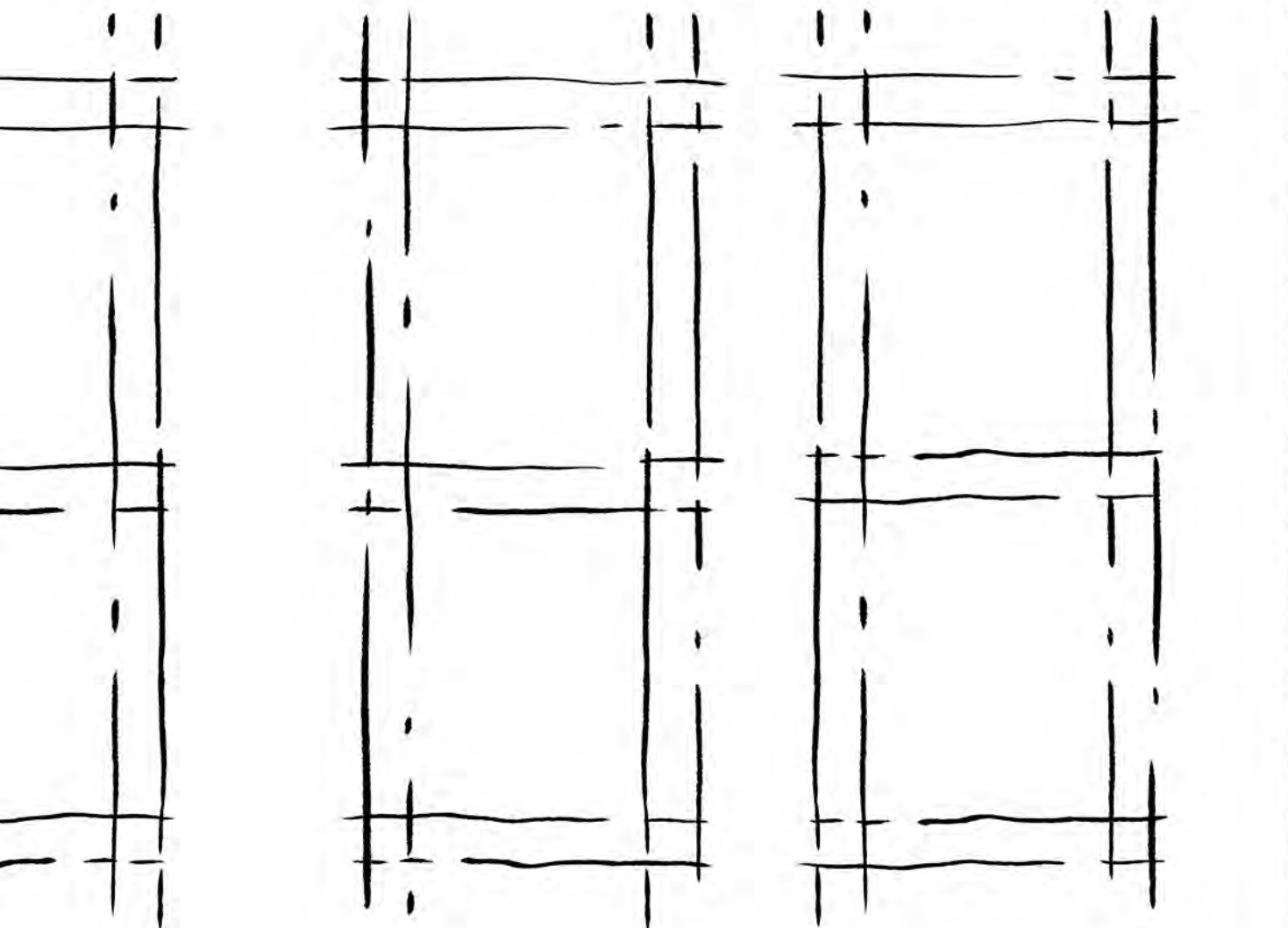
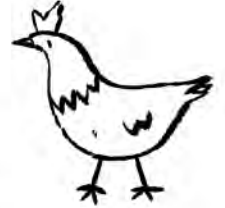
Flower fields





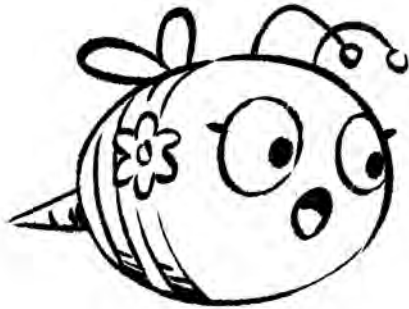
MY FARM POSTER

Use these drawings as inspiration
or draw from your own imagination!



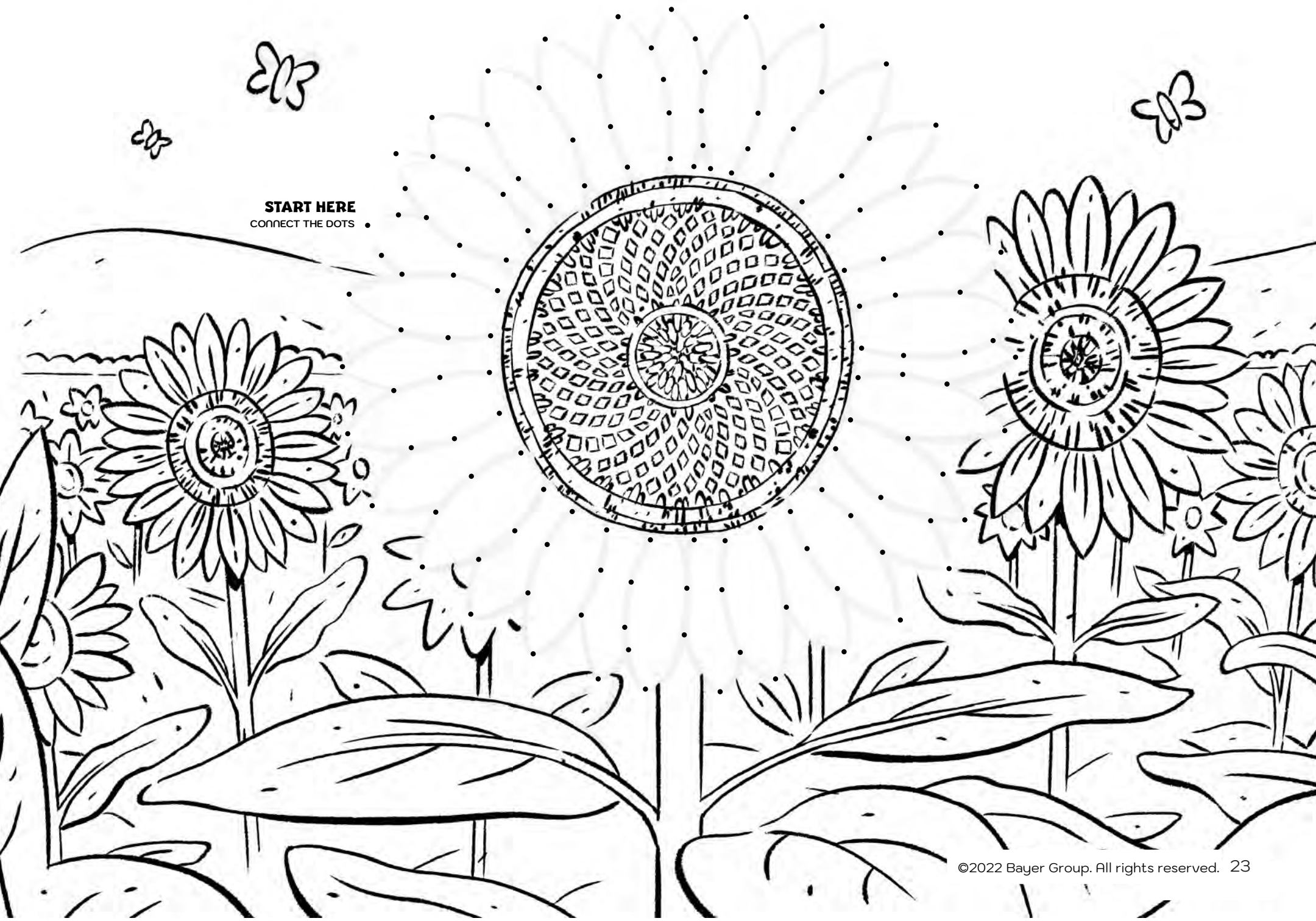
DA BUZZ ON BEES

Connect the dots and see what plants I'm pollinating.



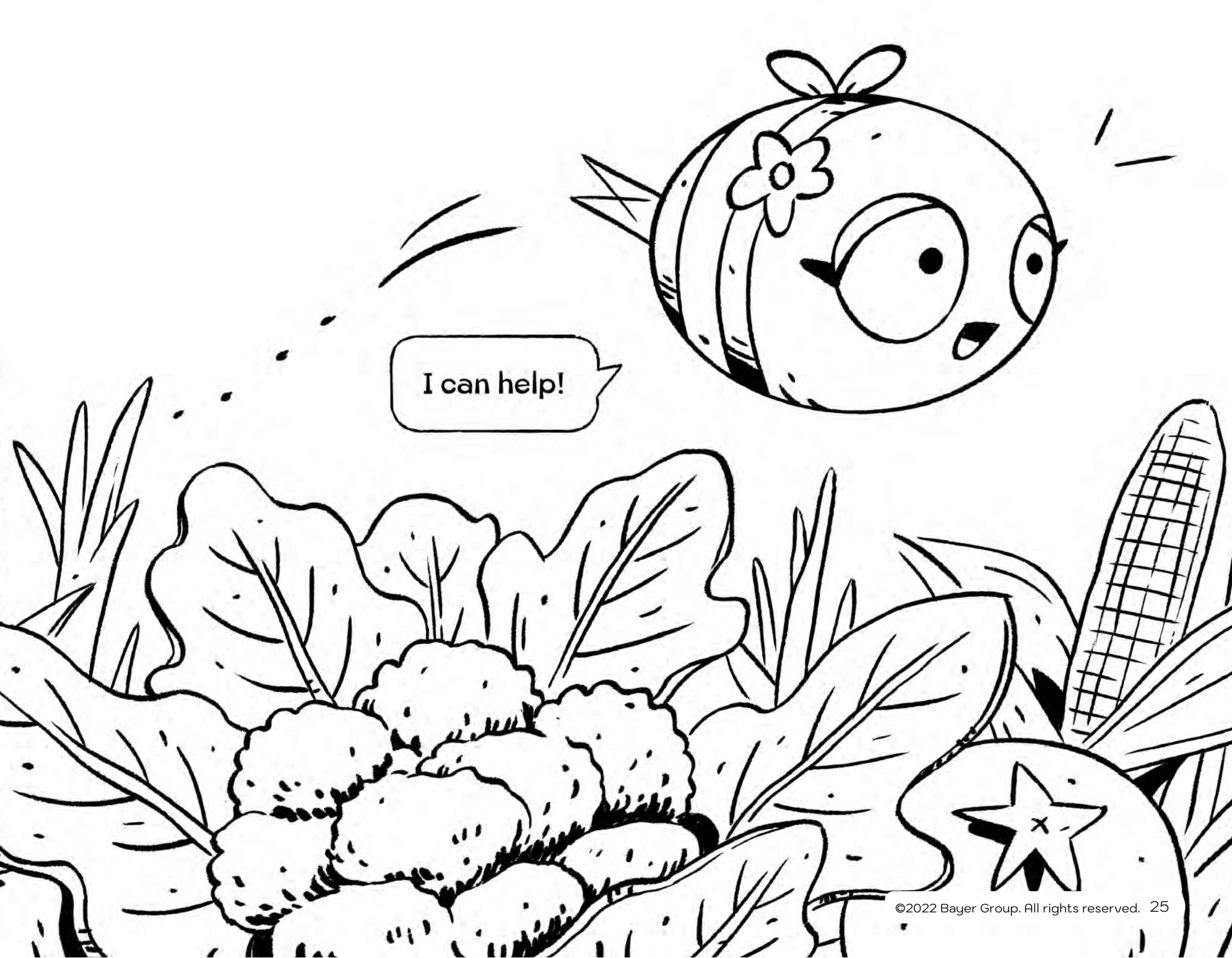
Bees are important to agriculture because they pollinate many different farm crops including fruit, nut and vegetable crops.

START HERE
CONNECT THE DOTS



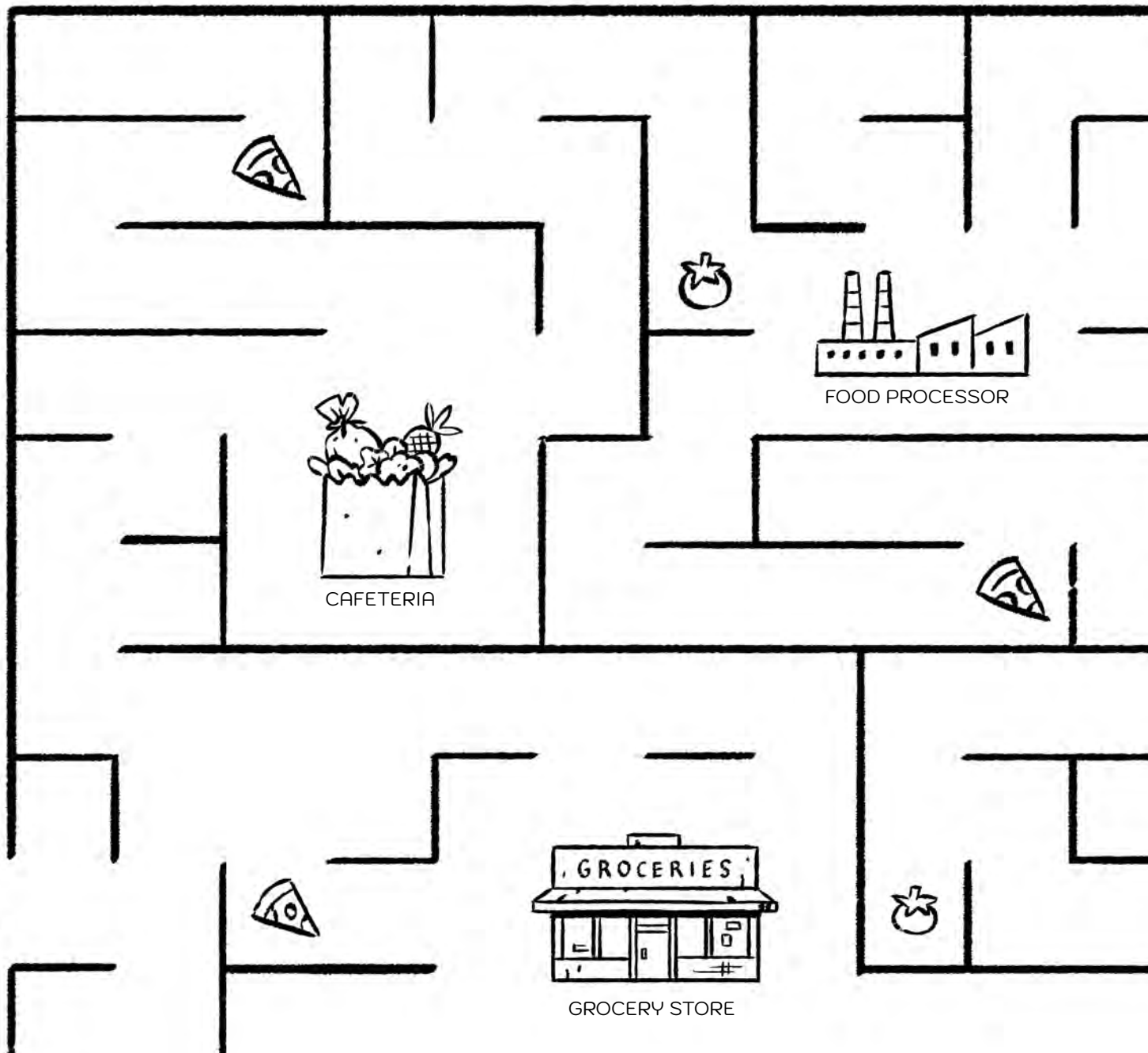
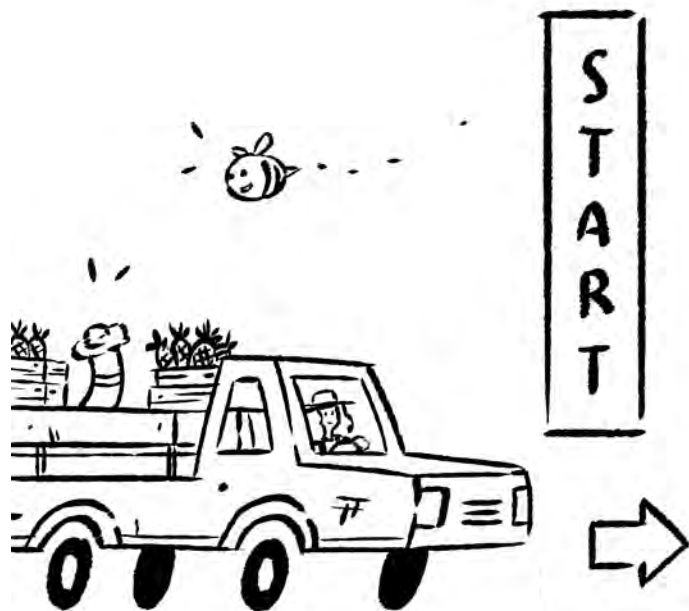
We're almost done. But first, we need to deliver this food to our customers. Won't you give me a hand?



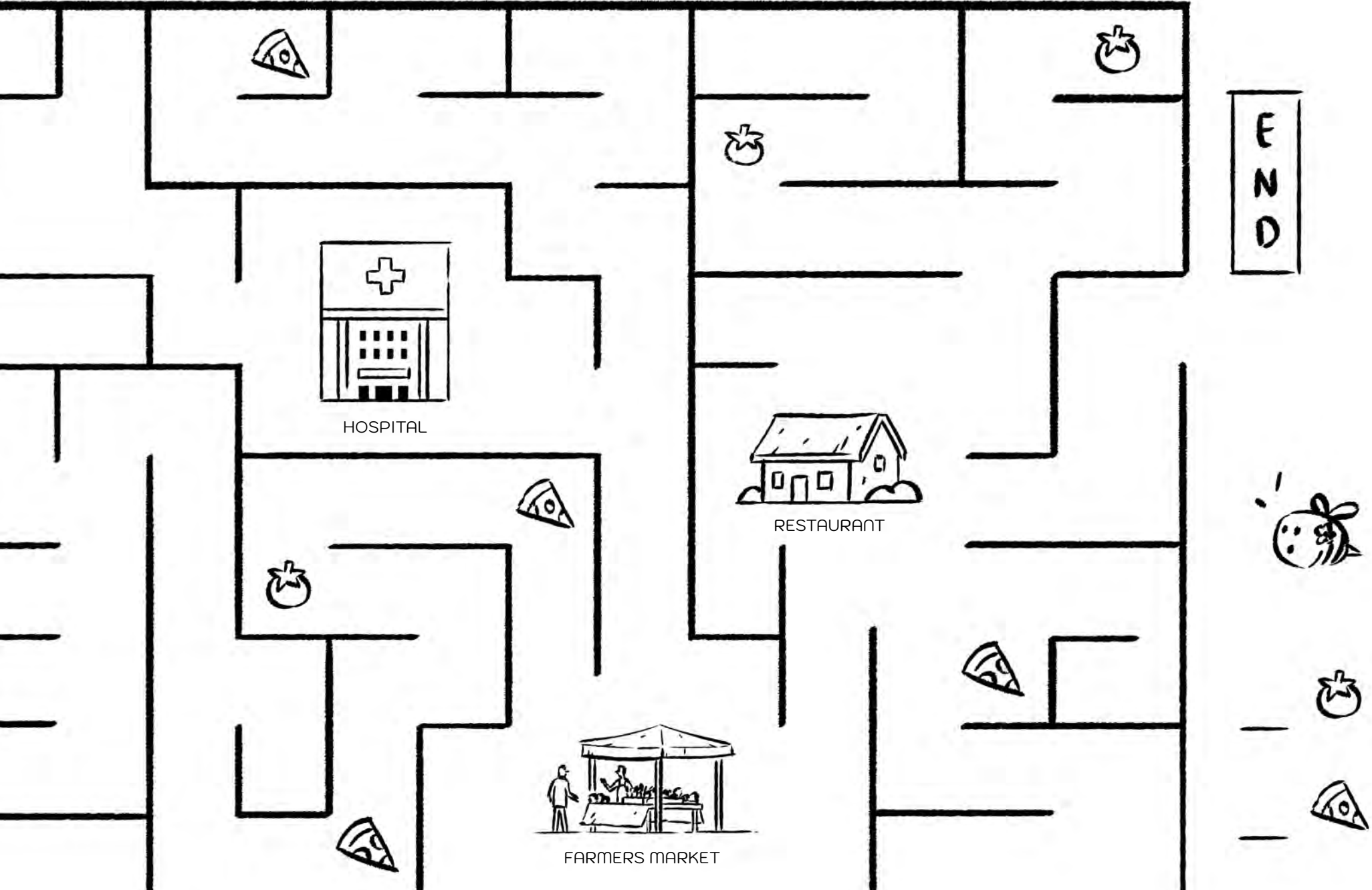


I can help!

OUR FARM TO TABLE JOURNEY

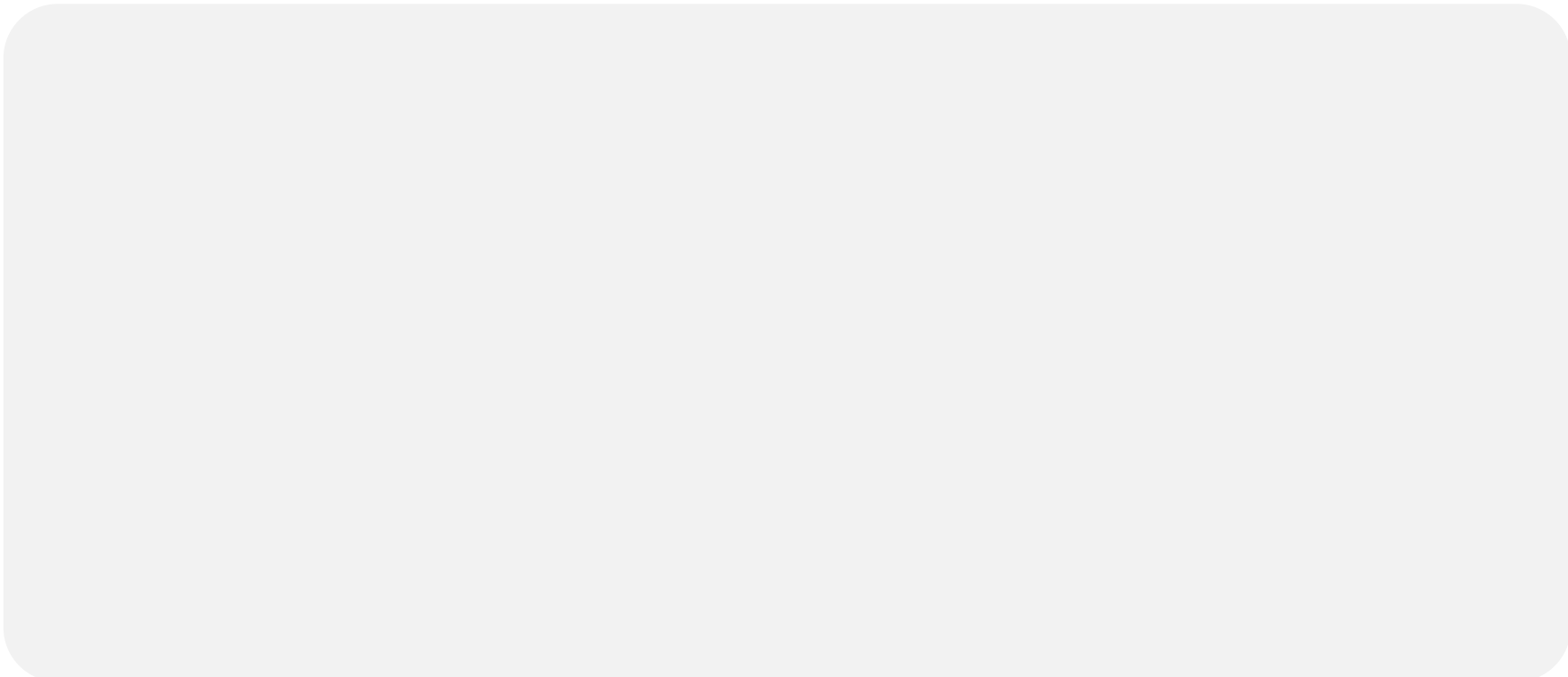


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Bonus: Collect tomatoes and pizza along the way for even more points!

I LEARNED THAT...



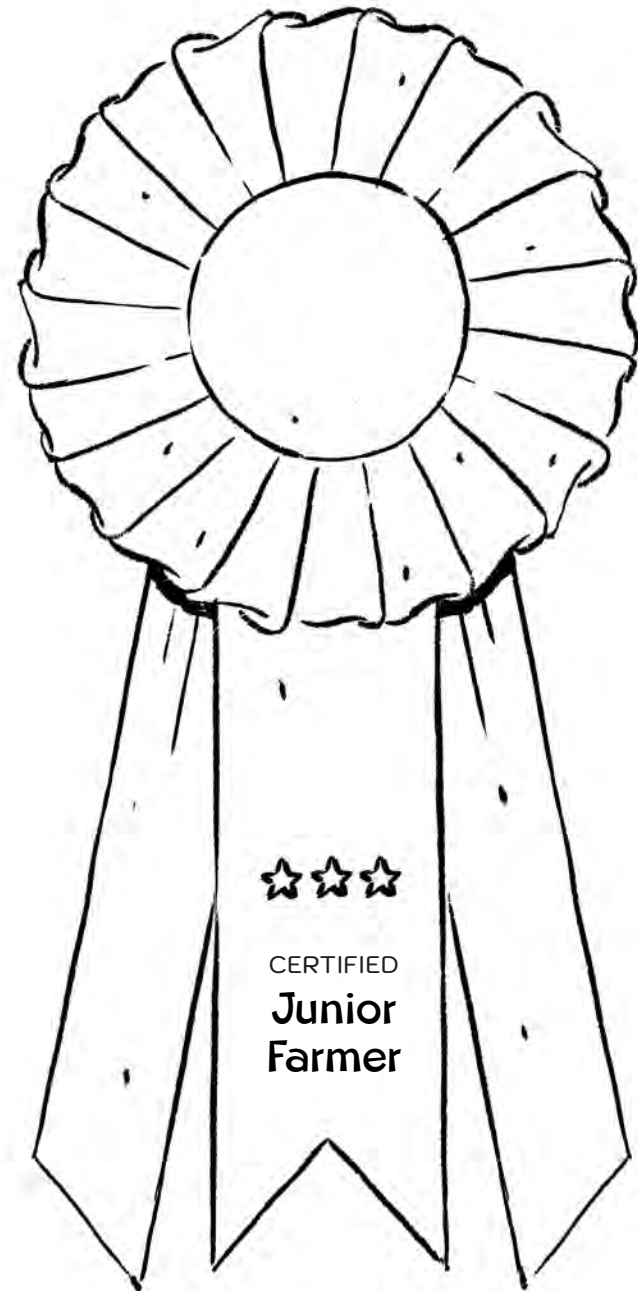
I learned that growing plants takes care and attention. Bees are part of farming, too. Farmers raise many different kinds of food.

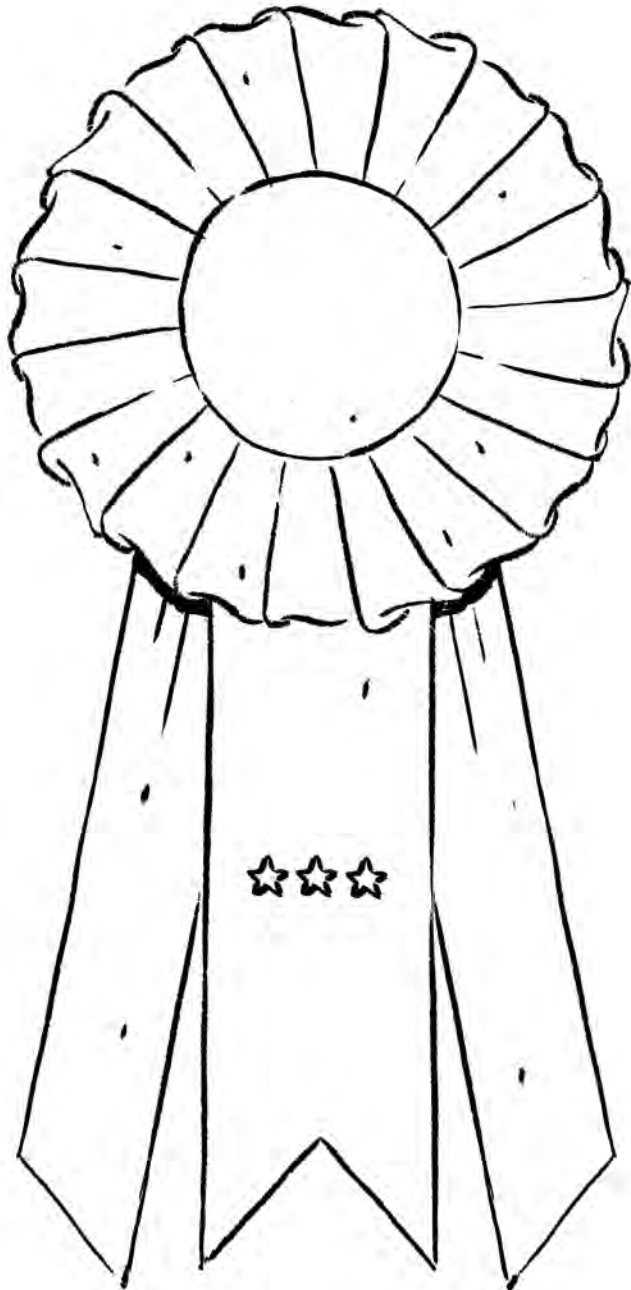
I learned that pizza doesn't grow on trees. It takes a lot of work to run a farm. There are many steps to get food from the farm to my table.



**CONGRATS! You are
officially a Junior Farmer.**

✂ Cut out and color your new badge.
Add your name in the center.





MAHALO Junior Farmer for all your help!



Color your badge and share
what you've learned with others.



MAHALO

Hope you learned about Farm to Table
and how food gets made.

Visit us at hawaii.bayer.us



