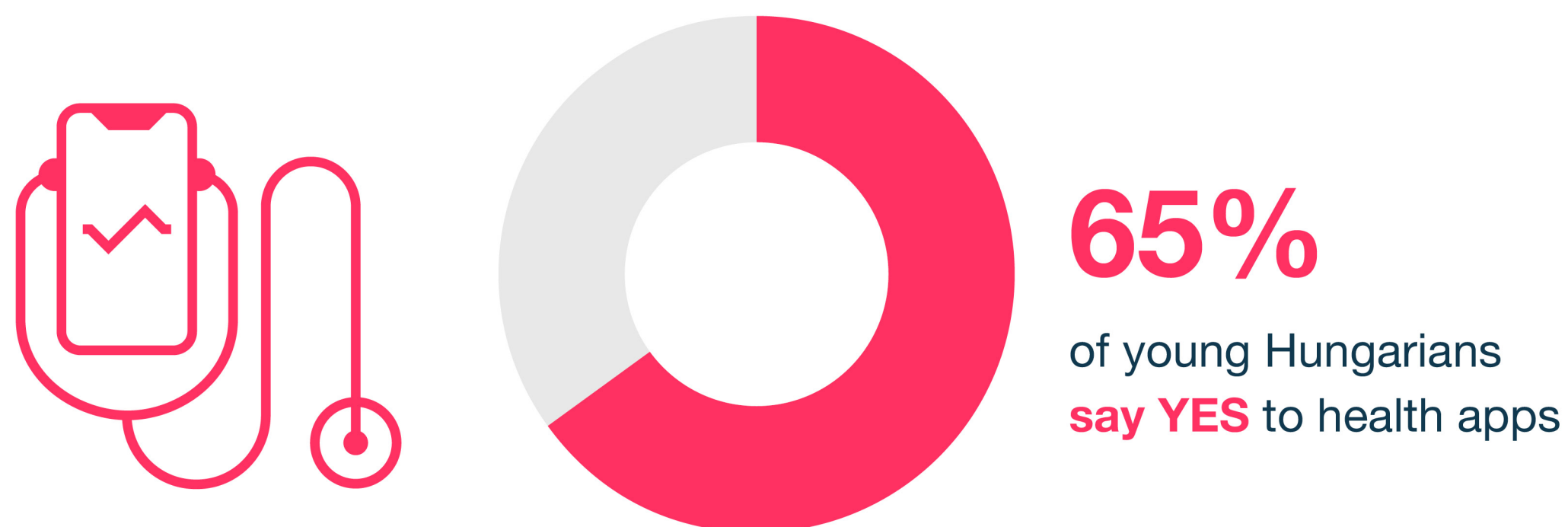


BAYER BAROMETER 2022

WHAT DOES SELF-CARE AND HEALTH CARE MEAN IN YOUNG HUNGARIANS' OPINION?

- 47%**  healthy nutrition, good eating habits
- 44%**  ensuring sufficient sleep
- 41%**  regular physical activity

HEALTH APPS – YES OR NO?



THE MOST POPULAR APPS USED BY THE YOUNG:

