



/// Helping build the foundation for good health

One of the primary goals of Feeding America is providing access to healthy food in all of our communities. This means supplying food banks with more fruits, vegetables, whole grains, low-fat dairy, and lean proteins.



1 OUT OF 5
KIDS RELY ON
FOOD BANKS



/// Food as Medicine



You can almost think of healthy food as medicine. That is why it is so important that we help make sure that our communities have access to food banks, healthy food, and information on well-balanced diets. When it comes to individual support on which vitamins and supplements are right for you, it is best to connect with your healthcare provider.

/// Your food bank partner

Feeding America is partnered with over 200 food banks serving 1 in 5 kids across the United States ▶▶▶



[Find your local food bank](#)

/// Looking for easy and nutritious recipes?

We have compiled a list of healthy recipes using food items that you can find at your local food bank. Take care, now by fuelling your body right:



SCAN CODE FOR
**FREE, HEALTHY &
EASY RECIPES**

**TAKE
CARE,
NOW**

