



Although nutrition starts with getting enough calories, good nutrition ultimately requires us to consume a diverse diet with the right nutrients. Working towards our mission Health for all, Hunger for none, we help enable millions of people to have access to proper nutrition, from food to supplements.

/// Helping farmers to grow nutritious food



Nutrition's foundation is in agriculture. Our innovations enable farmers to produce nutritious foods for our communities while at the same time sustaining the planet. Fruits and vegetables are an essential part of a healthy diet, which is why we support growers with the tools they need to grow nutritious, delicious produce like tomatoes, peppers or carrot – and many more.

/// The role of supplements

Sometimes, it can be challenging to get enough vitamins and minerals from food alone. Multivitamins can help to fill nutritional gaps if you have difficulty eating a balanced diet or have specific nutritional needs, for example during pregnancy.



/// Trusted nutritional science

One A Day® is a multivitamin brand with specially formulated products for your family. From prenatal to 65+, we offer many complete multivitamins for different ages, genders and health goals. Our Flintstones™ Vitamins provide essential nutrients that support kids' health. Please consult your doctor to find the right vitamins for you.

/// Looking for a nutritional support?

With a regular supply of vitamins, you can support good health and normal growth. Take care, now by eating a healthy diet and adding One A Day® Multivitamins:



SCAN CODE TO BROWSE THE
ONE A DAY MULTI-VITAMINS
HEALTH & WELLNESS AT KROGER

**TAKE
CARE,
NOW**

